

## Green Package for People in the 20's and 30's

Green Package is a health check-up program for those in their 20s and 30s who are devoted to their work. The color green stands for their passion and energy to be healthy enough to be able to work optimally.

[Package price: Male - 1,130,000 Korean won / Female - 1,170,000 Korean won]

### Test Items

Common Tests	
Basic	Body measurement (height/weight/waist measurement/blood pressure), body fat measurement, ophthalmology (eyesight), urine test, stool (parasite, occult blood)
Blood testing	Hematology, blood type, inflammation, liver and renal functions, uric acid, diabetes, lipid panel, electrolyte, minerals, hepatitis (types A, B, and C), thyroid function, tumor marker, vitamin D
Respiratory	Chest X-ray (front)
Cardiovascular	ECG
Gastrointestinal	Abdominal ultrasound, endoscopy
Endocrine system	Thyroid ultrasound
Preventive dentistry	Oral examination, oral imaging and evaluation, and education for total oral care
Consultation	Diet assessment, consult with the Health Promotion Center physicians

Male	
Respiratory	Low-dose chest CT, chest X-ray (side)

Female	
Women's health	Pap test, breast X-ray, HPV test

## Purple Package for those Aged 40 and up

Purple Package is a comprehensive health check-up program for middle-aged people, for diagnosing major cancers and for preventing various diseases. The luxurious purple color perfectly fits this package as it is for those who take extra care of themselves.

[Package price: Male - 1,800,000 Korean won / Female - 2,120,000 Korean won]

### Test Items

Common Tests	
Basic	Body measurement (height/weight/waist measurement/blood pressure), body fat measurement, ophthalmology (eyesight), hearing test, urine test (including microalbuminuria and nicotine), stool (parasite, occult blood)
Blood testing	Hematology, blood type, inflammation, liver and renal functions, uric acid, diabetes, lipid panel, electrolyte, minerals, hepatitis (types A, B, and C), thyroid function, tumor marker, insulin, vitamin D
Respiratory	Chest X-ray (front), liver function, low-dose chest CT
Cardiovascular	ECG
Gastrointestinal	Abdominal ultrasound, endoscopy, colonoscopy (sleep)
Endocrine system	Thyroid ultrasound
Ophthalmology	Ocular pressure, ocular fundus examination
Consultation	Diet assessment, consulting with Health Promotion Center physicians

Male	
Atherosclerosis (in-depth)	Carotid ultrasound
Cardiovascular	Exercise stress test

Female	
Women's health	Thinprep pap test, breast X-ray, pelvic ultrasound, HPV test
Osteoporosis	Bone density scan, bone markers

### Premium Package

Premium Package is a high-quality health check-up program designed for those who are pursuing a complete wellness lifestyle. The package consists of tests for the early detection and prevention of cerebral and cardiovascular diseases as well as high-incidence cancers.

[Check-up price: Male - 5,040,000 Korean won / Female - 5,490,000 Korean won]

### Test Items

Common Tests	
Basic	Body measurement (height/weight/waist measurement/blood pressure), body fat measurement, ophthalmology (eyesight), hearing test, urine test (including microalbuminuria and nicotine), stool (parasite, occult blood)
Blood testing	Hematology, blood type, inflammation, liver and renal functions, uric acid, diabetes, lipid panel, electrolyte, minerals, hepatitis (types B and C), thyroid function, tumor marker, insulin, vitamin D, homocysteine, comprehensive anemia test
Respiratory	Chest X-ray (front), liver function, low-dose chest CT
Cardiovascular	ECG, myocardial SPECT
Gastrointestinal	Liver and abdomen/pelvic ultrasound, endoscopy, colonoscopy (sleep)
Endocrine system	Thyroid ultrasound
Ophthalmology (comprehensive)	Ocular pressure, ocular fundus test
Osteoporosis	Bone density scan, bone markers

<b>Brain (comprehensive)</b>	Brain MRI&A, cognitive function test, brain PET
<b>Special test</b>	Autonomous nerve system test (heart rate variability, HRV), total body fat measurement
<b>Preventive dentistry</b>	Oral examination, oral imaging and evaluation, and education for total oral care
<b>Consultation</b>	Comprehensive diet assessment, consulting with Health Promotion Center physicians

<b>Male</b>	
<b>Blood testing</b>	Male hormone
<b>Thyroid (comprehensive)</b>	Thyroid ultrasound

<b>Female</b>	
<b>Blood testing</b>	Female hormone
<b>Women's health</b>	Breast X-ray, breast ultrasound, thinprep pap test, pelvic ultrasound, HPV test

## Blue Package for Adolescents

Blue Package is a specialized health check-up program prepared to ensure the good health of adolescents who are the 'blue chips' of the future. The color blue signifies the youthfulness and the brightness of the future of young people.

[Package price: Male - 600,000 Korean won / Female - 630,000 Korean won]

### Test Items

<b>Common Tests</b>	
<b>Basic</b>	Body measurement (height/weight/waist measurement/blood pressure), body fat measurement, ophthalmology (eyesight), hearing test, urine test, stool (parasite, occult blood)
<b>Blood testing</b>	Hematology, blood type, inflammation, coagulation, liver and renal functions, uric acid, lipid panel, electrolyte, minerals, hepatitis (types A and B), thyroid function, allergy test, vitamin D, anemia, and German measles antibody (female)

<b>Respiratory</b>	Chest X-ray (front)
<b>Cardiovascular</b>	ECG
<b>Gastrointestinal</b>	Abdominal ultrasound
<b>Preventive dentistry</b>	Oral examination, oral imaging and evaluation, and education for total oral care
<b>Consultation</b>	Nutrition assessment and consulting with pediatrics

## Pink Package for the Soon-to-be-wed

Pink Package is specially designed for soon-to-be-wed couples, to help them have a healthy married life, and to ensure safe pregnancy and childbirth.

[Package price: Male - 1,020,000 Korean won / Female - 1,290,000 Korean won]

### Test Items

Common Tests	
<b>Basic</b>	Body measurement(height/weight/waist measurement/blood pressure), body fat measurement, ophthalmology(eye sight), Urine test (including nicotine), stool(parasite, occult blood)
<b>Blood testing</b>	Hematology, blood type, inflammation, liver and renal functions, uric acid, diabetes, lipid panel, electrolyte, minerals, antibody against German measles and chicken pox virus, hepatitis (Type A, B and C), infections, thyroid function.
<b>Respiratory</b>	Chest X-ray(front and side)
<b>Cardiovascular</b>	ECG
<b>Digestive system</b>	Abdominal ultrasound, sleep endoscopy
<b>Endocrine system</b>	Thyroid ultrasound

<b>Preventive dentistry</b>	Oral examination, oral imaging and evaluation and education for total oral care
<b>Consultation</b>	Diet assessment, consulting with physicians of Health Promotion Center

<b>Male</b>	
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<b>Female</b>	
<b>Blood testing</b>	Anemia
<b>Women's health</b>	Mammogram